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THE ROLE OF ERCP IN THE TREATMENT OF BILIARY FISTULA

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Patients with gallstone disease make up from 10% to 15% of the adult population and about 30% of them will be operated [1, 2]. Cholecystectomy is one of the most common surgeries in the world. Laparoscopic cholecystectomy is accompanied by an increase in the frequency of early biliary complications, which is noticed by most researchers [3, 4]. Bile leakage as a result of minor damage to the bile ducts, is most often the result of failure of the stump of the cystic duct, damage to the aberrant and subvesical ducts.

The most common cause of biliary fistula is biliary hypertension due to residual choledocholithiasis [4]. Recent studies indicate that bile fistulas complicate approximately 1.2-2% of laparoscopic cholecystectomies. It is important that the percentage of early postoperative complications directly depends on the full preoperative diagnosis of choledocholithiasis and its correction.

So the main purpose of our research is to analyze the endoscopic treatment of patients with biliary fistulas after cholecystectomy.

Materials and methods. The results of endoscopic treatment of 29 patients with biliary fistulas that occurred after cholecystectomy were analyzed. All patients have been treated at the Center for Endoscopic Surgery of Bukovinian State Medical University since 2016 to 2021. There were 17 women (58.6%) and 12 men (42.4%). The mean age was 60.8±12.46 years (36 to 84 years). Cholecystectomy in the classical version was performed in 13 (44.8%)
patients of the total number of operations; standard 4-port laparoscopic cholecystectomy was performed in 10 (55.2%) patients.

All patients underwent endoscopic retrograde holangiopancreatography (ERCP). The main way to access the common bile duct was its cannulation using a standard papillotome and the introduction of a guidewire. The most common cause was the failure of the cystic duct – 16 (55.2%) patients. In second place – damage to the duct of the gallbladder bed – 7 (20.7%) cases. The cause of biliary fistula was biliary hypertension, which arose on the background of residual choledocholithiasis in 22 (75.9%) patients. Endoscopic papillosphincterotomy was performed in all cases to restore free passage of bile into the duodenum. Balloon lithoextraction was performed in 16 (55.2%) patients, in another 5 (17.2%) patients we used basket lithoextraction. In 9 (31.0%) patients for successful lithoextraction had to perform balloon dilatation of the sphincter of Oddi and the terminal part of common bile duct. Another 8 (27.6%) patients underwent endobiliary drainage with a polypropylene stent with a diameter of 10 Fr.

Ensuring endobiliary decompression in all cases of type A bile fistula resulted in cessation or a sharp decrease in the day after ERCP and fistula healing within a few days. The phenomena of mechanical jaundice were also eliminated – the average level of bilirubin on the 2nd day after surgery was 26.3±4.18 μmol/l, compared with the preoperative level (63.2±11.61 μmol/l).

Unfortunately, endoscopic methods are not effective in detecting choledochal lesions and type D bile fistula (3 (10.3%) patients). These patients required difficult reconstructive surgeries.

Thus, ERCP is a highly effective method of treatment of biliary fistulas, which allows to assess the integrity of the main bile ducts, the presence of biliary hypertension and residual stones. ERCP identifies the site of bile leakage, and sphincterotomy, dilatation, lithoextraction, or endobiliary drainage directs bile flow to the duodenum and promotes fistula healing.

References:


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