

DOI <https://doi.org/10.30525/978-9934-26-478-8-20>

**IMPROVEMENT OF SOCIAL INTERACTION SKILLS BY MEANS
OF BOXING IN THE PROCESS OF PHYSICAL EDUCATION
IN GENERAL EDUCATION INSTITUTIONS**

**ВДОСКОНАЛЕННЯ НАВИЧОК СОЦІАЛЬНОЇ ВЗАЄМОДІЇ
ЗАСОБАМИ БОКСУ У ПРОЦЕСІ ФІЗИЧНОГО ВИХОВАННЯ
У ЗАГАЛЬНООСВІТНІХ ЗАКЛАДАХ ОСВІТИ**

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Introduction. During the analysis of literary sources, the problem of physical education in general education institutions in Ukraine was revealed. First of all, it is an outdated program without the participation of new sports, as a result of which the lesson becomes boring and uninteresting. All this leads to a lack of motor activity, and in turn to illness. It is also necessary to pay attention to the fact that the sport should be of maximum interest to students before class, and that the interest in it increases even outside of school hours, and interest in a healthy lifestyle is formed from an early age. Boxing should be used as a meaningful module in the annual program of physical education [2]. The main feature of using the "Box" module is that there will be almost no physical contact when using it, which significantly reduces the likelihood of injuries. Also, a minimum amount of special equipment is required for its implementation.

Research results.

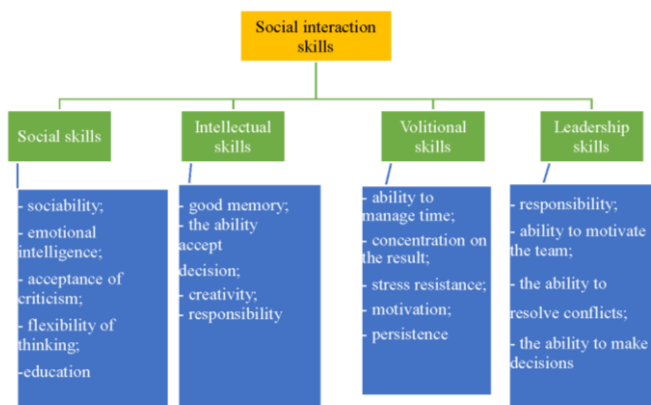
In everyday life, in one or another specific situation, each person needs to come into contact with other people, acting in such a way as to cause them a corresponding reaction. Such contacts are denoted by the term "interaction", which refers to the process in which one person stimulates the activity of another person or group by his actions. Social interaction is a process of exchange of social actions between two or more social subjects, a process of direct or indirect influence of these subjects on each other.

The skills of social interaction, or social-communicative skills ("soft" skills, sometimes "flexible" from the English soft skills), are understood as a set of non-specialized, above-professional skills that are responsible for the productive performance of professional functions by a person at the workplace [1]. Unlike functional and technical skills (English hard skills), social and communicative skills are not directly related to a person's professional abilities – the ability to work with certain programs, knowledge of

mechanisms, work experience. Now such skills are gaining special importance, as they contribute to successful work and career growth.

Social interaction skills form interpersonal relationships in society and the team. These skills may include communication skills, communication skills, personal habits, cognitive or emotional empathy, time management, teamwork, and leadership traits.

The most significant skills of social interaction, which can be improved in the process of physical education in institutions of general secondary education, can be divided into 4 groups. These are social, intellectual, willpower and leadership skills. These skills can be seen in more detail in picture № 1.



Picture № 1

Analyzing the data of picture № 1, it is possible to conclude that with the help of physical education classes, it is possible to successfully develop almost all types of social interaction skills. Therefore, the most important thing is to create such an educational environment for students, where they will be able to fully realize their potential.

Next, it will be appropriate to consider what social interaction skills can be developed with the help of boxing.

Boxing is a sports discipline that requires the athlete not only physical abilities, but also the ability to control his emotions, develop tactical thinking and strategic planning. Boxing is not only a sport, but also an art, where every boxer strives for harmony between his body and spirit.

Boxing helps to develop self-discipline and manage emotions, and manage your reactions to different situations. Boxing helps to learn to overcome difficulties and not to lose heart in the face of difficulties.

Boxing promotes the development of willpower and perseverance. To be successful in boxing, you need patience, perseverance and persistence in achieving your goals. A boxer who trains for a long time and finds the strength to continue his path, even if he faces setbacks, becomes more confident in himself and his abilities.

Boxing can help in the development of concentration and mobilization of the body's resources. In order not to miss a blow and to regroup in time, it is necessary to concentrate on the battle every second.

The following social skills are also cultivated with the help of boxing:

- respect for the opponent. A boxer must respect his opponent and not allow any form of violence or discrimination.
- honesty and justice. A boxer must follow the rules and not allow fraud or the use of prohibited methods.
- restraint and self-control. A boxer must be able to control his emotions and not allow aggression or unnecessary cruelty in a fight [2].

Conclusions. Based on the results of the obtained data, it is possible to conclude that currently in general educational institutions of Ukraine in the process of physical education there are certain difficulties in the successful formation of social interaction skills. Education seekers receive a significant amount of knowledge, but do not receive enough education to successfully implement this knowledge. First of all, in order to maximize their development, it is necessary to create an exciting environment for acquiring these skills. Taking into account the world experience of using boxing tools in the process of improving social interaction skills, it is possible to add this sport to the annual physical education program, and thereby interest students in physical education classes. Boxing, as a sport, develops a person not only physically, but also spiritually, and develops such necessary social skills as discipline, concentration, communication skills, decision-making skills, responsibility and leadership skills. We hope that in the future it will be possible to combine boxing with physical culture at school, which in turn will help to improve physical health, social interaction skills, and inclination to a healthy lifestyle.

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DOI <https://doi.org/10.30525/978-9934-26-478-8-21>

SPECIAL STRATEGIES OF LEARNING ACTIVITY IN THE PROCESS OF TRAINING FUTURE ENGINEERS ON A BILINGUAL BASIS

СПЕЦІАЛЬНІ СТРАТЕГІЇ НАВЧАЛЬНОЇ ДІЯЛЬНОСТІ В ПРОЦЕСІ ПІДГОТОВКИ МАЙБУТНІХ ІНЖЕНЕРІВ НА БІЛІНГВАЛЬНОЇ ОСНОВІ

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In Ukraine, higher education is being modernized taking into account globalization phenomena in the international educational space, modern trends towards multicultural training of specialists. One of the manifestations of such modernization is the implementation of bilingual teaching/learning in the process of professional training of specialists in universities. Education on a bilingual basis involves the teaching of professional disciplines in a foreign language, which in this case acts as a means of studying various subject areas. In our study, such a field is mathematics, since this discipline is basic for students of engineering and technical specialties.

The logic of the development of modern society dictates the need for lifelong learning. This changes the approach to the concept of learning outcomes. In a situation of uncertainty and constant updating of the conditions