
IMPLEMENTATION OF ARTIFICIAL INTELLIGENCE IN MEDICAL EDUCATION, SCIENCE, AND PRACTICE

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INTRODUCTION

Artificial Intelligence (AI) has revolutionized various sectors of healthcare, and stands at the forefront of this transformation. AI is reshaping the landscape of medicine and one of the most transformative areas is medical education. AI technologies ranging from machine learning algorithms to natural language processing, virtual simulation, and adaptive learning systems are increasingly integrated into curricula to support teaching, enhance student engagement, and improve learning outcomes. As the healthcare industry becomes more digitized and data-driven, medical education must adapt accordingly. AI has emerged as a groundbreaking force in the evolution of medical science. By harnessing data-driven algorithms and computational models, AI technologies are transforming diagnostics, treatment planning, drug development, and patient care. The integration of AI into medical science not only accelerates clinical decision-making and research productivity but also improves healthcare outcomes by enabling precision, personalization, and predictive capabilities. AI has revolutionized various sectors of healthcare, and surgery stands at the forefront of this transformation. As surgical practice becomes increasingly digitized and data-driven. AI technologies are being integrated into preoperative planning, intraoperative navigation, robotic assistance, postoperative care, and surgical education. Over the past decade, artificial intelligence AI has moved from laboratory curiosity to indispensable partner in the operating room. At the same time, the training of surgeons is undergoing its own digital transformation. Intelligent algorithms now curate anatomy lessons, generate immersive virtual patients, score technical performance from intra-operative video, and even adapt robotic consoles to a resident's skill level. Implemented thoughtfully, AI promises to shorten learning curves, make assessment fairer, and ultimately translate into safer surgery for patients worldwide. The integration of AI into surgery is not just

a technological advancement it represents a paradigm shift that enhances precision, reduces complications, and improves patient outcomes.

1. Current Applications of AI in Medical Education

AI is currently being used in various ways to enhance medical education, including AI-powered intelligent tutoring systems (ITS) that can simulate human tutors by adapting to the learning pace and style of individual students. These systems use data to provide personalized feedback, assess student performance, and recommend targeted study materials. Platforms like IBM Watson and AI-driven applications in anatomy and radiology have shown the capacity to deliver subject-specific guidance and diagnostic training¹. AI-based virtual patients simulate real-world clinical scenarios, allowing students to practice clinical reasoning and decision-making in a risk-free environment. Tools such as the MedSim AI platform enable learners to interact with dynamic, evolving patient cases that mimic real-life complexity. These simulations are especially beneficial for developing diagnostic acumen and communication skills². AI can personalize educational content by analyzing learner performance and dynamically adjusting difficulty levels. Adaptive platforms track user behavior and provide customized pathways for knowledge acquisition, particularly useful in massive open online courses (MOOCs) and blended learning environments. This technology improves efficiency and helps students focus on their knowledge gaps³. Natural Language Processing (NLP) and AI-driven analytics are being used to assess written responses, clinical notes, and oral presentations. These tools can evaluate coherence, content relevance, and clinical terminology accuracy, offering real-time, automated feedback. AI-based grading systems reduce instructor workload while maintaining assessment accuracy and consistency⁴. Personalized learning is very important for medical students, especially for surgery residents. Traditional one-size-fits-all teaching methods often fall short in addressing individual learning needs for surgeons' theory and practice. AI enables tailored learning experiences by analyzing each student's strengths, weaknesses, and progress. Personalization helps improve retention,

¹ Wang, F., Casalino, L. P. Artificial Intelligence in Health Care: Anticipating Challenges to Ethics, Privacy, and Bias. *Journal of the American Medical Informatics Association*, 2020. ,27; 9, P. 1436–1441. URL: <https://doi.org/10.2196/16281>

² Cook, D. A., Triola, M. M.. Virtual Patients: A Critical Literature Review and Proposed Next Steps. *Medical Education*, 2020, 53;1, P. 23–31. URL: <https://doi.org/10.1016/j.compedu.2020.104082>

³ Ellaway, R. H., Masters, K.. AMEE Guide 32: e-Learning in Medical Education Part 1: Learning, Teaching and Assessment. *Medical Teacher*, 2021, 33;7, P. 455–473. URL: <https://doi.org/10.1016/j.jbi.2021.103674>

⁴ Kolachalama, V. B., Garg, P. S. (2018). Machine Learning and Medical Education. *NPJ Digital Medicine*, 1; 1, P. 54. URL: <https://doi.org/10.2196/19273>

understanding, engagement and skills. Through AI-powered simulations and diagnostic platforms, students can practice complex clinical scenarios and receive real-time feedback. This enhances their diagnostic reasoning, promotes critical thinking, and prepares them for real-world medical practice. AI tools enable large-scale deployment of educational content across geographic boundaries. Students in remote or resource-limited settings can access high-quality training materials and virtual mentorship, thereby democratizing medical education. AI can automate administrative and assessment tasks, allowing educators to focus more on mentorship, research, and curriculum development. It also provides valuable data insights into student performance and curricular effectiveness.

Despite its potential, several challenges must be addressed to ensure successful implementation: AI systems require vast amounts of student data to function effectively, that raises concerns about data security, informed consent, and ethical use. Institutions must develop clear policies for data governance and ensure compliance with privacy regulations like GDPR or HIPAA⁵. Both HIPAA (Health Insurance Portability and Accountability Act) and GDPR (General Data Protection Regulation) are privacy regulations, but they differ in scope and application. HIPAA focuses on protecting personal health information (PHI) within the US, while GDPR applies to any organization handling the personal data of EU citizens, regardless of where the organization is located. Data privacy and protection have become an increasingly important strategic and operational consideration for medical organizations globally and have come into effect over the past several years. Both regulations share the unilateral goals of placing obligations upon organizations to appropriately manage, store, and protect users' personal data. However, they also differ in key areas such as scopes, penalties, and the exact data they govern.⁶ AI systems can inherit biases from training data, potentially resulting in unfair or inaccurate assessments. For example, if an AI grading tool is trained on data from a specific demographic, it may not perform well with others. Addressing bias requires diverse, representative datasets and continuous algorithm validation⁷. Medical education institutions are often conservative in adopting new technologies. Faculty may be skeptical of AI tools or lack the necessary digital skills and knowledge to use them effectively. Ongoing faculty development and

⁵ Meskó, B., The Role of Artificial Intelligence in Precision Medicine. *NPJ Digital Medicine*, 2020, 3;1, P. 1–6. URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7933261/>

⁶ Anas Baig, Adeel Hasan GDPR vs HIPAA Compliance: What are the Differences? Securiti, CIPM, CIPP/Canada, Published January 17, 2024 URL: <https://securiti.ai/gdpr-vs-hipaa/>

⁷ Obermeyer, Z., & Emanuel, E. JPredicting the Future – Big Data, Machine Learning, and Clinical Medicine. *JAMA*, 2020, 323;15, P. 1397–1398. URL: <https://jamanetwork.com/journals/jama/fullarticle/2765689>

change management strategies are essential to encourage adoption of this technological improvements. Developing and maintaining AI systems require substantial investment in infrastructure, training, and software. In low- and middle-income countries medical institutions may face financial constraints, limiting their ability to use AI benefits in medicine⁸. Over the past few years, new AI-powered educational tools have been developed. Early e-learning platforms relied on static images and rule-based quizzes; modern surgical curricula increasingly rely on machine learning models that learn from data and adapt in real time. Recent narrative reviews divide these tools into three broad categories: generative AI, perceptual AI, and predictive AI each of which addresses a core educational function such as content creation, skill recognition, or outcome prediction. Predictive models mine electronic medical records and image repositories to identify procedure-specific risk factors; these findings feed into preoperative briefings used for case-based learning. Perceptual AI engines for computer vision and speech recognition underlie virtually every other application, from tracking instrument trajectories to transcribing intraoperative dialogue for debriefing. AI should not be treated as an add-on but integrated seamlessly into medical curricula. This includes not only using AI tools for learning but also educating students about AI itself its applications, limitations, and ethical implications in clinical practice. Collaborations between educators, computer scientists, ethicists, and healthcare professionals are critical. Interdisciplinary teams can design more effective and ethically acceptable AI tools. Ongoing research is needed to evaluate the effectiveness of AI tools in medical education. Incorporating AI into clinical training is becoming part of residents' decision-making ability and medical practice. This includes understanding how algorithms work, validating their outputs, and recognizing when to rely on human judgment over machine recommendations. As AI is increasingly integrated into the education system, it is critical that teachers receive good training and professional development to acquire the skills to use these technologies effectively. Teachers must be equipped with the knowledge and skills to incorporate AI into their teaching practice. Effective teacher training should focus on developing an understanding of how AI can support learning goals and improve outcomes. A core component of teacher training is developing an understanding of AI, including how it works, its potential benefits, and its limitations. Educators need to know how AI-based tools can complement traditional teaching methods. Teacher training programs should provide teachers with the knowledge needed to select the right AI tools to use in personalized learning and to address necessary administrative tasks. This

⁸ Topol, E. *Deep Medicine: How Artificial Intelligence Can Make Healthcare Human Again*. Basic Books, 2019. URL: <https://doi.org/10.1136/bmj.1347>

understanding will enable teachers to effectively integrate AI into the learning process, taking into account the diverse needs of their students.

2. AI Technologies in Surgical Education

The implementation of artificial intelligence in medical education represents a transformative opportunity to enhance how future physicians are trained. AI technologies offer personalized learning, immersive simulations, and scalable platforms that make medical education more effective and accessible. However, successful integration requires addressing ethical, infrastructural, and pedagogical challenges through thoughtful planning and interdisciplinary collaboration. Ultimately, AI should be viewed not as a replacement for human educators but as a powerful tool that augments the educational process. By aligning AI implementation with core educational values equity, ethics, and excellence medical schools can prepare learners not just for today's clinical environment, but for the rapidly evolving healthcare landscape of tomorrow.

Artificial intelligence (AI) is surgical education by enhancing simulation, assessment, personalized learning, and global training.

AI improves surgical simulations by generating realistic 3D models from CT or MRI scans, allowing trainees to practice complex procedures in virtual reality (VR). Augmented reality (AR) adds AI-generated guidance like safe dissection planes onto real or virtual anatomy. These tools improve accuracy and skill acquisition while offering hands-on experience in a safe environment⁹.

AI uses computer vision to analyze surgical videos, scoring performance with high consistency. It identifies movement patterns, efficiency, and error rates, helping trainees improve while reducing the time educators spend on manual grading.

AI-powered platforms can act as personal tutors, adjusting lessons to each trainee's progress. Generative AI can instantly create custom videos, quizzes, and feedback. Early studies show that these tools enhance knowledge retention and reduce the time needed to master skills. AI in robotic platforms tracks instrument use and flags inefficient or unsafe actions. "Ghost tools" guide trainees in real-time, while AI-driven tele-mentoring systems enable expert coaching across distances with minimal bandwidth.

Key advantages of implementation AI technologies in surgical education are: – personalized learning tailored to each trainee; – objective assessment with reduced human bias; – scalable access to training, even in low-resource settings; – data-driven insights for curriculum improvement.

⁹ Ng C "Transforming Surgical Education with Artificial Intelligence." *Annals of Surgical Innovation and Research*, 2025. URL: <http://asj.amegroups.org>

3. AI Technologies in Medical Science

Artificial Intelligence (AI) has emerged as a revolutionized force in the evolution of medical science. By harnessing data-driven algorithms and computational models, AI technologies are transforming diagnostics, treatment planning, drug development, and patient care. The integration of AI into medical science not only accelerates clinical decision-making and research productivity but also improves healthcare outcomes by enabling precision, personalization, and predictive capabilities. This essay explores the multifaceted implementation of AI in medical science, discussing its current applications, benefits, challenges, and future prospects.

The application of AI in diagnostic support systems is one of the most important areas where it has demonstrated very high potential. AI algorithms, particularly those based on machine learning and deep learning, are capable of analyzing complex medical data such as imaging scans, pathology slides, and genetic profiles. For example, convolutional neural networks (CNNs) have been trained to detect diseases like lung cancer, diabetic retinopathy, and skin melanoma with accuracy comparable to or even surpassing that of experienced clinicians¹⁰. In radiology, AI is being used to interpret chest X-rays and CT scans to detect abnormalities such as pneumonia, tumors, and fractures. Tools like Google's DeepMind and IBM Watson are already in use to assist physicians in real-time decision-making, reducing the chances of diagnostic errors¹¹. AI also contributes significantly to precision medicine by analyzing individual-level data such as genomics, metabolomics, and lifestyle information. By identifying patient-specific risk factors and genetic markers, AI enables clinicians to tailor treatments for diseases like cancer, cardiovascular disorders, and autoimmune diseases. AI models also help predict treatment response, toxicity, and long-term outcomes, improving patient safety and effectiveness of interventions¹². Drug development is typically a costly and time-consuming process. AI accelerates this by simulating biological processes, predicting molecular behavior, and identifying potential drug targets. AI-driven platforms like Atomwise and BenevolentAI use deep learning to screen millions of chemical compounds and suggest candidates with the highest probability of success in clinical trials. Additionally, natural language processing (NLP) helps researchers extract relevant data from vast biomedical literature, reducing time spent on manual

¹⁰ Esteva, A., Kuprel, B., Novoa, R. A., et al. Dermatologist-level classification of skin cancer with deep neural networks. *Nature*, 2017. 542; 7639, P. 115–118. URL: <https://doi.org/10.1038/s41591-019-0447-x>

¹¹ Topol, E. J. High-performance medicine: the convergence of human and artificial intelligence. *Nature Medicine*, 2019,25 ;1, P. 44–56. URL: <https://doi.org/10.1038/s41746-020-0288-5>

¹² Collins, F. S., & Varmus, HA new initiative on precision medicine. *Cell*, 2021, 184; 12, P. 310-317. URL: <https://doi.org/10.1016/j.cell.2021.05.001>

reviews¹³. AI plays a vital role in tracking infectious diseases and predicting outbreaks. During the COVID-19 pandemic, AI models were used to forecast infection trends, assess the impact of interventions, and monitor the spread of variants. Machine learning models can analyze large datasets from electronic health records (EHRs), social media, and travel logs to detect early signs of disease clusters and recommend public health responses¹⁴.

AI-enhanced robotic systems like the Da Vinci Surgical System are increasingly used for minimally invasive surgeries. These systems assist surgeons in performing complex tasks with greater precision, reducing recovery times and complications. AI systems can process and analyze medical data at speeds far beyond human capacity. This leads to faster diagnoses, streamlined workflows, and reduced clinician fatigue. Automated tools minimize human error and enhance diagnostic accuracy, particularly in radiology, dermatology, and pathology.

AI can also assist in real-time intraoperative decisions, offering suggestions based on historical surgical data and outcomes¹⁵. By optimizing resource allocation and reducing diagnostic errors, AI lowers healthcare costs. In drug development, AI shortens the time required for identifying drug candidates and decreases the need for expensive laboratory trials. AI technologies can significantly enhance patient outcomes. AI-driven interventions lead to earlier diagnoses, more precise treatments, and personalized care plans. This enhances recovery rates, reduces complications, and improves overall patient satisfaction. AI technologies integrated into wearable devices and remote monitoring tools can track patient health continuously and alert clinicians to early warning signs. Predictive analytics help in identifying high-risk patients and preventing adverse events before they occurred. Despite the enormous potential, the implementation of AI in medical science is not without challenges. AI systems rely on large datasets, which often contain sensitive patient information. Ensuring the confidentiality, integrity, and ethical use of health data is paramount. Compliance with regulations like the General Data Protection Regulation (GDPR) and the Health Insurance Portability and Accountability Act (HIPAA) is essential to maintain trust¹⁶. AI algorithms can inherit and amplify existing biases present

¹³ Zhavoronkov, A., Ivanenkov, Y. A., Aliper, A., et al. Deep learning enables rapid identification of potent DDR1 kinase inhibitors. *Nature Biotechnology*, 2019, 37; 9, P. 1038–1040. URL: <https://doi.org/10.1038/s41587-019-0224-x>

¹⁴ Chien, L. C., Yu, H. L., & Schootman, M. Efficient mapping of SARS-CoV-2 risk using AI and machine learning. *NPJ Digital Medicine*, 2020, 3; 1, 93 p. URL: <https://doi.org/10.1038/s41746-020-00343-4>

¹⁵ Hashimoto, D. A., Rosman, G., Rus, D., & Meireles, O. R. Artificial intelligence in surgery: promises and perils. *Journal of the American College of Surgeons*, 2018, 226; 4, P. 737-743. URL: <https://doi.org/10.1016/j.jamcollsurg.2021.09.002>

¹⁶ Mesko, B., et al. Ethical implications of AI in medicine. *NPJ Digital Medicine*, 2020, 3; 1, P. 1-6. URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7374246/>

in training data. For example, an AI model trained primarily on data from one ethnic group may underperform for others, leading to health disparities. Addressing these biases requires diverse datasets and transparent model development.

Many AI models, particularly deep learning networks, function as "black boxes," making it difficult to understand how decisions are made. This lack of interpretability limits clinicians' trust in AI recommendations and poses legal and ethical challenges in clinical practice. There is still a lack of standardized frameworks for evaluating, certifying, and regulating AI-based medical tools. As a result, the approval process for clinical use can be slow and inconsistent across regions. Effective implementation of AI requires seamless integration into existing healthcare systems. This involves training healthcare providers, updating digital infrastructure, and ensuring that AI tools complement rather than disrupt clinical workflows. The future of AI in medical science is promising. With ongoing advancements in computing power, algorithm development, and data collection, AI is poised to become an integral part of all aspects of healthcare. The implementation of artificial intelligence in medical science marks a paradigm shift in how healthcare is practiced and researched. From diagnostics to drug discovery and from epidemiology to robotic surgery, AI is revolutionizing the field with unprecedented speed and precision. While challenges remain particularly in data ethics, regulatory standards, and algorithmic bias the potential benefits far outweigh the risks when managed responsibly. By fostering multidisciplinary collaboration and investing in robust regulatory and ethical frameworks, the medical community can harness AI's full potential to create a more efficient, equitable, and patient-centered healthcare system.

4. AI Technologies in Surgical Practice

The implementation of artificial intelligence in surgical practice represents a transformative opportunity to enhance how future physicians are trained. AI technologies offer personalized learning, immersive simulations, and scalable platforms that make medical practice more effective and accessible. However, successful integration requires addressing ethical, infrastructural, and pedagogical challenges through thoughtful planning and interdisciplinary collaboration. Ultimately, AI should be viewed not as a replacement for human educators but as a powerful tool that augments the practice educational process. By aligning AI implementation with core educational practice values equity, ethics, and excellence medical schools can prepare learners not just for today's clinical environment, but for the rapidly evolving healthcare landscape of tomorrow. AI in surgical education used by enhancing simulation, assessment, personalized learning, and global training. AI can improve surgical simulations by generating realistic

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AI has improved various areas of healthcare, and surgery stands at the forefront of this transformation. As surgical practice becomes increasingly digitized and data-driven, AI technologies are being integrated into preoperative planning, intraoperative navigation, robotic assistance, postoperative care, and surgical education. The integration of AI into surgery is not just a technological advancement; it represents a paradigm shift that enhances precision, reduces complications, and improves patient outcomes. This essay explores the current and emerging applications of AI in surgical practice, its benefits, challenges, and future potential. Preoperative planning is critical for achieving favorable surgical outcomes. AI enhances this phase through data analysis, imaging interpretation, and predictive modeling. Imaging analysis and 3D modeling are very important in diagnosis of surgical pathology. AI algorithms, particularly those using deep learning, can analyze complex medical images such as CT, MRI, and PET scans with

¹⁷ Nan Xiao, Yuting Pei, Chun Yuan et al. International Theory and Practice in Humanities and Social Sciences. Transforming Education with Artificial Intelligence: A Comprehensive Review of Applications, Challenges, and Future Directions 2025 Volume 2, Issue1, ISSN 3078-4387 URL: | www.wisvora.com

remarkable accuracy. Tools like convolutional neural networks (CNNs) are used to detect tumors, vascular structures, and anatomical variations, enabling surgeons to plan procedures with greater precision. AI can generate patient-specific 3D anatomical models, allowing for virtual surgical rehearsals and simulation-based training. Machine learning models analyze patient data to predict surgical risks, such as bleeding, infection, or readmission. For instance, algorithms can identify patients at high risk for postoperative complications or mortality based on electronic health records (EHRs), lab results, and comorbidities. This aids in shared decision-making and tailored surgical strategies.

Extended reality (XR) technologies which include virtual, augmented, and mixed reality have significant potential in surgical training, because they can help to eliminate the limitations of traditional methods. This umbrella review aimed to investigate factors that influence the acceptance and use of XR in surgical training using the unified theory of acceptance and use of technology of the Unified Theory of Acceptance and Use of Technology (UTAUT) questionnaire model¹⁸.

Intraoperative assistance, robotic surgery training and tele-mentoring are really important areas of surgical education. Robotic platforms equipped with sensors are an extremely powerful tool for AI-based surgical education. Studying and understanding the kinematics of the movements of surgical instruments when using a robot, as well as analyzing data from camera and other setup systems, together with appropriate training of surgeons, ensures successful mastery of the surgical robot and the performance of surgeries. Machine-learning models convert this telemetry into dashboards that highlight unsafe instrument clashes or inefficient clutching habits. Manufacturers are experimenting with real-time “ghost tools” that gently nudge novices toward optimal paths. In parallel, tele-mentoring systems use computer vision to stabilize remote video feeds and overlay expert hand gestures onto the trainee’s console, lowering the bandwidth required. AI technologies are reshaping the operating room by providing real-time decision support, enhancing robotic systems, and increasing surgical precision. Systems like the Da Vinci Surgical System integrate AI algorithms to enhance dexterity, vision, and control during minimally invasive surgeries. These systems offer features such as tremor reduction, magnified 3D vision, and motion scaling, enabling delicate procedures in confined

¹⁸ Laugwitz, B., Held, T., & Schrepp, M. Construction and evaluation of a user experience questionnaire. In Symposium of the Austrian HCI and usability engineering group 2008, November P. 63-76. Springer, Berlin, Heidelberg. URL: https://www.researchgate.net/post/Where_can_I_find_the_UTAUT_questionnaire

spaces. AI also supports automated adjustments and can suggest optimal movements based on past surgeries¹⁹.

AI-powered AR and computer vision tools can overlay real-time imaging data onto the surgical field. For instance, in neurosurgery and hepatobiliary procedures, AI assists in identifying tumor margins or vascular networks that are not visible to the naked eye, thereby minimizing errors and improving outcomes. Surgical procedures recorded on video can be analyzed using AI to assess technical skills. Metrics such as instrument handling, speed, precision, and adherence to safety protocols are automatically evaluated, providing objective data for certification and feedback²⁰.

The benefits of using AI in surgical practice are obvious and every year more and more applications of these technologies are being identified at all stages of diagnosis and treatment of surgical patients. As surgical practice becomes increasingly digitized and data-driven, AI technologies are being integrated into preoperative planning, intraoperative navigation, robotic assistance, postoperative care, and surgical education. The integration of AI into surgery is not just a technological advancement; it represents a paradigm shift that enhances precision, reduces complications, and improves treatment results. Preoperative planning is critical for achieving favorable surgical treatment. AI enhances this phase through data analysis, imaging interpretation, and predictive modeling. Computer vision systems can track surgical instruments, monitor team performance, and alert surgeons to deviations from standard protocols. AI can also record and analyze surgical procedures to provide feedback for performance improvement and training. After surgery, AI continues to play a role in monitoring recovery, identifying complications early, and optimizing rehabilitation. AI models can detect early signs of postoperative complications such as infections, thrombosis, or respiratory distress by analyzing vital signs, lab values, and nursing notes. These predictions enable timely interventions, potentially reducing ICU stays and improving recovery results.

Postoperative recovery surgical patients can be monitored through wearable devices integrated with AI algorithms. These devices track parameters such as mobility, heart rate, and oxygen saturation, transmitting real-time data to clinicians for ongoing assessment. AI-driven analysis helps identify deviations from expected recovery patterns, allowing for remote yet proactive care. AI-driven robotic systems and decision-support tools reduce human error and increase the precision of surgical maneuvers. This leads to

¹⁹ Neha Mukherjee Meet the Next Generation of Doctors—and Their Surgical Robots. Science, Oct 6, 2023 URL: https://www.wired.com/story/next-generation-doctors-surgical-robots/?utm_source=chatgpt.com

²⁰ Esmaeel Toni, Elham Toni, Mahsa Fereidooni et al. Acceptance and use of extended reality in surgical training: an umbrella review Syst Rev. 2024 Dec. 4;13 P. 299.

fewer complications, less tissue trauma, and faster recovery. AI tailors surgical interventions to individual patient profiles, improving outcomes and reducing unnecessary interventions. This aligns with the broader movement toward precision medicine. By optimizing surgical planning, automating routine tasks, and improving postoperative care, AI reduces operation times, hospital stays, and healthcare costs. AI-based platforms and decision tools can assist less experienced surgeons in performing complex procedures by offering real-time guidance, thereby expanding access to high-quality care.

While AI holds immense promise in healthcare and surgery offering enhanced precision, personalization, and efficiency numerous challenges limit its full-scale implementation. These include data quality and bias, lack of transparency, integration issues, legal uncertainty, and ethical concerns. Overcoming these barriers will require interdisciplinary collaboration, regulatory innovation, and ongoing education for both healthcare providers and AI developers. AI systems rely heavily on patient data, raising concerns about data protection, consent, and ethical use. AI requires large datasets that often include sensitive personal health information. Ensuring patient privacy, complying with regulations (e.g., GDPR, HIPAA), and securing data against breaches are ongoing concerns. Surgical video data, wearable sensor inputs, and EMRs (electronic medical records) are often stored in cloud systems, raising the risk of cybersecurity threats²¹.

AI systems are only as reliable as the data they are trained on. If the training data is incomplete, imbalanced, or biased such as underrepresenting certain ethnic groups, genders, or age ranges the AI may produce skewed or harmful outputs. Surgical risk prediction models, for example, have shown reduced accuracy in populations not well-represented in training datasets²². Bias in facial recognition and diagnostic imaging AI has been documented, potentially leading to disparities in care²³.

Many AI models, particularly deep learning networks, function as “black boxes”, meaning their decision-making processes are not easily interpretable. This lack of transparency can be a barrier to clinical trust and ethical accountability. Surgeons and clinicians may be reluctant to follow AI recommendations they cannot understand or explain to patients²⁴. This also

²¹ Davenport, T., & Kalakota, R.. The potential for AI in healthcare. *Future Healthcare Journal*, 2019, 6; 2, P. 94–98. URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7391893/>

²² Obermeyer, Z., et al.. Dissecting racial bias in an algorithm used to manage the health of populations. *JAMA*, 2019, 322; 24, P. 2468–2470. URL <https://jamanetwork.com/journals/jama/fullarticle/2765689>

²³ Buolamwini, J., & Gebru, T. Gender Shades: Intersectional Accuracy Disparities in Commercial Gender Classification. *Nature Machine Intelligence*, 2018, 1; 1, P. 77–87. URL: <https://www.nature.com/articles/s42256-020-0188-5>

²⁴ Holzinger, A., et al.. What do we need to build explainable AI systems for the medical domain? *Artificial Intelligence in Medicine*, 2019, 98, P. 1822. URL: <https://doi.org/10.1016/j.artmed.2019.101822>

complicates liability in case of adverse events caused by AI-assisted decisions. Integrating AI systems into existing hospital infrastructures and training surgeons to use them effectively remains a logistical and cultural challenge. Resistance to change and fear of technological redundancy can also hinder adoption.

Incorporating AI tools into existing hospital IT systems, surgical environments, and decision-making processes is complex. Many AI applications are standalone and not yet integrated into electronic health records or robotic systems. Poor integration may lead to workflow disruptions or reduced efficiency, rather than improving outcomes²⁵.

The regulatory landscape for AI in healthcare is still developing. There is uncertainty around approval pathways, ongoing monitoring, liability in malpractice cases, and the need for re-certification of AI systems as they evolve. Few AI-based surgical tools have received full regulatory approval (e.g., from the FDA), and post-market surveillance is limited.

Developing, training, validating, and maintaining AI systems require significant financial and computational resources. Many healthcare institutions especially in low- and middle-income countries lack the necessary digital infrastructure²⁶.

CONCLUSIONS

The implementation of AI technologies in surgical practice is reshaping the future of medicine. From preoperative planning to robotic assistance and postoperative care, AI enhances the precision, safety, and efficiency of surgical interventions. It also revolutionizes surgical education and paves the way for more personalized, data-driven care. However, to fully realize these benefits, challenges related to data ethics, algorithmic transparency, and system integration must be addressed. Multidisciplinary collaboration between surgeons, engineers, ethicists, and policymakers is essential. With thoughtful implementation, AI will not replace surgeons but will augment their capabilities transforming surgical practice into a more intelligent, responsive, and human-centered discipline.

SUMMARY

The implementation of AI technologies in medicine one of the most significant achievements in the world during last few decades. AI has emerged as a groundbreaking force in the evolution of medicine. By harnessing data-

²⁵ Matheny, M. E. Artificial Intelligence in Health Care: A Report From the National Academy of Medicine. *JAMA*, 2021, 326; 22, P. 2247–2248. URL: <https://jamanetwork.com/journals/jama/fullarticle/2783024>

²⁶ Gawande, A.. Why Do Surgeons Continue to Perform Costly, Low-Value Procedures? *The Lancet*, 2020, 395; 10221, P. 568–569. URL: [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30142-9/fulltext)

driven algorithms and computational models, AI technologies are transforming diagnostics, treatment planning, drug development, and patient care. While AI holds immense promise in healthcare and surgery offering enhanced precision, personalization, and efficiency numerous challenges limit its full-scale implementation. These include data quality and bias, lack of transparency, integration issues, legal uncertainty, and ethical concerns. Overcoming these barriers will require interdisciplinary collaboration, regulatory innovation, and ongoing education for both healthcare providers and AI developers.

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