## PRACTICAL PSYCHOLOGY



Nowadays, work at sea is assigned to one of ten most dangerous professions in the world. This work is difficult, dangerous and requires not only good physical training but also good emotional exposure.

There is no such phenomenon or process that does not pose a danger to human activities at sea, in whole or in part.

During overvoltage, the employee's working capacity is lost and, as a result, the probability of an emergency situation on the ship for the entire crew increases. To prevent a dangerous situation at sea, there is a need for

post-trip rehabilitation of ship's personnel. The Department of Practical Psychology was founded on the basis of Odessa National Maritime University in early 2017 under the leadership of Rosina P. Shevchenko, doctor of psychological sciences, associate professor.

The scientific direction in which the department works is the analysis of stress resistance factors in modern society, the development of psychocorrectional measures in post-stress psychotherapy.

The department provides studying and training of psychologists for subsequent work in the areas of psychological assistance in the maritime industry, crewing companies, and in other industries.

With the development of the growth of the world economy and international trade, the pace of development of shipping has risen, of course there is an increase in the number of ships that require highly qualified specialists. Therefore, the training of psychologists at the Department of Practical Psychology under the leadership of Rosina P. Shevchenko is caused by the urgent need and demand for practice to solve the tasks to ensure safe navigation.